



UNIVERSIDAD AUTÓNOMA DE QUERÉTARO
FACULTAD DE CIENCIAS NATURALES
MAESTRÍA EN CIENCIAS DE LA NUTRICIÓN HUMANA
MCNH

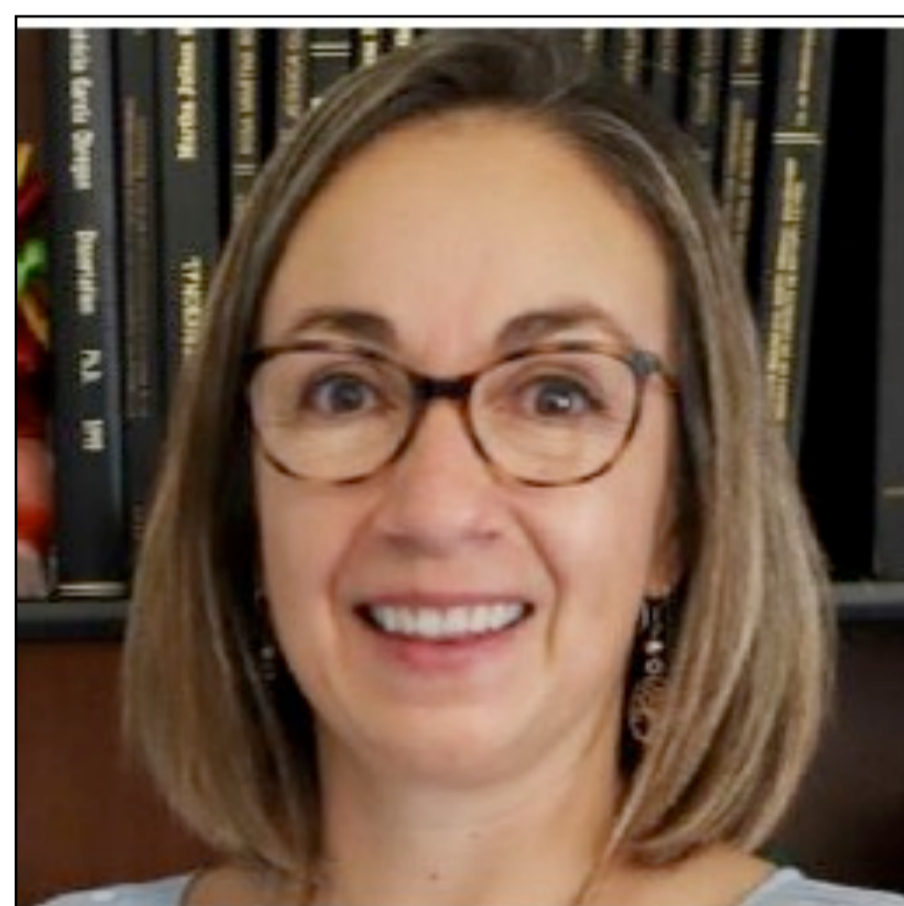


XV ANIVERSARIO

DRA. OLGA PATRICIA GARCÍA OBREGÓN
PTC categoría VII, SNI 2, Perfil PRODEP

GRADOS ACADÉMICOS

- ✓ Química de Alimentos, Universidad Nacional Autónoma de México, México.
- ✓ Maestría en Ciencias de la Nutrición. Universidad de California, Davis, EUA.
- ✓ Doctorado en Ciencias de la Nutrición, con Énfasis en Nutrición Internacional y especialidad en Estadística y Epidemiología. Universidad de California, Davis, EUA



LINEAS DE INVESTIGACIÓN

- ✓ Biodisponibilidad de nutrimentos
- ✓ Micronutrientos y su efecto en la salud
- ✓ Micronutrientos y enfermedades crónico-degenerativas

PUBLICACIONES

- Zavala GA, Rosado JL, Doak CM, Caamaño MC, Campos-Ponce M, Ronquillo D, Polman K, **García OP**. Energy and food intake are associated with specific intestinal parasitic infections in children of rural Mexico. *Parasitol Int* 2017;66:831-836.
- Zavala GA, **García OP**, Camacho M, Ronquillo D, Campos-Ponce M, Doak C, Polman K, Rosado JL. Intestinal parasites: associations with intestinal and systemic inflammation. *Parasite Immunol*. 2018;40:e12518.
- Zavala GA, Kolovos S, Chiarotto A, Bosmans JE, Campos-Ponce M, Rosado JL, **García OP**. Association between obesity and depressive symptoms in Mexican population. *Soc Psychiatry Psychiatr Epidemiol*. 2018;53:639-646.
- García-Solís P, **García OP**, Hernández-Puga G, Sánchez-Tusie AA, Sáenz-Luna CE, Solís-S JC. Thyroid hormones and obesity: a known but poorly understood relationship. *Endokrynol Pol* 2018; 69: 292–303.
- Oropeza-Ceja LG, Rosado JL, Ronquillo D, **García OP**, Caamaño MC, García-Ugalde C, Viveros-Contreras R, Duarte-Vázquez MA. Lower Protein Intake Supports Normal Growth of Full-Term Infants Fed Formula: A Randomized and Controlled Trial. *Nutrients* 2018;10:886.
- Zavala G, Doak C, Polman K, Campos-Ponce M, Rosado J, García OP. Coexistence of obesity, micronutrient deficiencies and intestinal parasites in rural communities of Mexico: Preliminary findings.(2018) *Bulletin of the Netherlands society for tropical medicine* N2 vol18
- Zavala G, Doak C, Polman K, Campos-Ponce M, Rosado J, **García OP**. Coexistence of obesity, micronutrient deficiencies and intestinal parasites in rural communities of Mexico: Preliminary findings. *Bulletin of the Netherlands Society for Tropical Medicine and International Health*. 2018;18:56(2)-10.
- Zacarías G, Shamah-Levy T, Elton-Puente E, Garbus P, **García OP**. Development of an intervention program to prevent childhood obesity targeted to Mexican mothers of school-aged children using intervention mapping and social cognitive theory. *Eval and Program Plann*. 2019;74:27-37
- Zavala GA, Doak CM, Portrait F, Seidell JC, **García OP**, Rosado JL, Jarquín T, Polman K, Campos-Ponce M. Are intestinal parasitic infections associations with obesity in Mexican children and adolescents? *Parasitol Int* 2019 Apr 2. pii: S1383-5769(18)30164-8.
- Caamaño MC, **García OP**, Parás P, Palacios JR, Rosado JL. Overvaluation of eating and satiation explains the association of food insecurity and food intake with obesity and cardio-metabolic diseases. *Food Nutr Bull*. 2019;21:379572119863558..
- Oseguera-Castro KY, Madrid JA, Martínez-Madrid MJ, **García OP**, del Castillo MD, Campos-Vega R. Antioxidant dietary fiber from spent coffee (*Coffea arabica* L.) grounds improves chronotype and circadian locomotor activity in young adults. *Food & Function*. 2019 Jul 10.